



INDIAN CENTRE FOR INTEGRATED DEVELOPMENT (ICID)

Inspiring, Enabling, Empowering Young People and Children

Annual Activity Report 2022-2023

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Short History:

The Indian Centre for Integrated Development (ICID) is a registered, not for profit organization committed to the protection and advocacy of rights of the disadvantaged children, youth and women since 2003 in urban and rural areas of the Nagpur district. The vision is a just and free society where child rights are recognized and protected, leading to integral and responsible human development. The mission is to inspire, enable and empower children and young people to become actors in their development for a just and free society.

The organization provides support and care for children who live on the street; are begging and rag picking; are engaged in paid work; are abandoned/orphaned/lost/missing/run away/trafficked; are/have been abused/exploited; are/have been neglected; are/have been in distress; victims of substance abuse; have a disability; have dropped out of school; are in conflict with law and are living with/affected by HIV/AIDS.

1. YUVJYOTHI (YCH):

The Yuvajyothi Children Home (YCH) currently provides shelter to twenty-seven boys under the age of 18, with an additional nine boys were under aftercare program. Recently, six new children from vulnerable situations were enrolled at YCH. These boys attend nine different schools. Five after care boys were pursuing higher education in Hotel Management, B.A, and B.Com.

The boys at YCH engage in various developmental activities, including writing daily thoughts on the bulletin board, reading English stories and newspapers in the evening, and participating in daily meetings to assess their academic progress, homework completion, and responsibilities towards each other.

Several boys who recently took their 10th and 12th standard board exams performed well, with Tapish achieving 85%, Sajan achieving 77%, and Rupesh achieving 60% in their 10th exams. In the HSC examinations, Sharad achieved 78%, Aman achieved 77%, Tejas achieved 74%, Yogesh achieved 72%, Amrapal achieved 70%, Abdulla achieved 68%, Rajan achieved 67%, Suraj achieved 67%, Saurabh achieved 65%, and Arjun achieved 56%.

In addition to their regular academic studies, four boys at YCH have completed a three-month MSCIT course, and all boys receive extra tuition classes to support their academic progress and success.

Extracurricular Learning Engagements

- From the 6th to the 8th of April, English vocabulary building exercises were conducted for students. Various activities, such as identifying the meanings of difficult words, learning simple English sentences, and role-playing, were carried out.
- Personal safety education sessions were conducted for children under the age of 11. A total of six boys participated in the session, where they were taught about their private body parts, three rules to keep their private body parts safe, actions that can be taken if the rules are broken, and exceptions to the rules
- Academic support classes were conducted by volunteers from Make A Difference (MAD) every Saturday for boys from class 5 to class 11. A total of 16 boys benefited from these classes. Boys from 12th standard were involved in the Wing Man activity, which aimed to make them aware of career planning.
- On the 22nd of March, a session on personal hygiene was conducted for 19 boys under the age of 15. They were taught about the meaning of personal hygiene, a list of activities that come under the term, and rules to follow for maintaining good personal hygiene.

- Engineering students from Ramdeobaba College conducted a workshop on electric safety on the 3rd of December. The boys were taught about electricity generation and conduction, conservation and the importance of electricity, and steps to be taken to ensure safe use of electricity.
- An environmental educational tour was organized for the boys on the 17th of May at Gorewada Jungle Safari. The boys observed and learned about the living conditions of animals in their natural environment. They spotted animals such as sloth bears, spotted leopards, deer, rabbits, tigers, blue bulls, and more.
- A workshop on career guidance was conducted on the 28th of January with the support of an external resource person. The focus was on the power of self-confidence, public speaking skills, streams available for higher studies, and strategic steps to overcome the fear of stage.
- On the 18th of February, an educational tour was organized for all the boys and team members to Rama Dam, Buttibori.

Celebrations of Festivals and Social Days at YCH:

- ✓ International Earth Day: On the 24th of April, a poster-making competition was held at YCH, where 14 children created posters on the theme "Restore Our Earth."
- ✓ Raksha Bandhan: On the 11th of August, all children, parents, and team members at YCH came together to celebrate the bond between brothers and sisters.
- ✓ Independence Day: On the 15th of August, a flag hoisting ceremony was held at YCH, followed by speeches in three different languages by the boys. A group of boys also sang a Hindi patriotic song.
- ✓ Kargil Vijay Divas: On the 26th of July, children at YCH were shown a small informational video on the valor of our soldiers during the war.
- ✓ Diwali: On the 22nd of October, YCH boys, along with the ICID family, celebrated the festival of lights by reading verses from scriptures of different religions, lighting diyas, and praying for everyone. Prior to the celebration, the boys also participated in a Diya painting activity.
- ✓ Children's Day: On the 12th of November, individual and group games were organized for YCH children to celebrate childhood.
- ✓ ICID Foundation Day: On the 8th of December, YCH celebrated its Foundation Day. Boys presented dance and singing performances during the celebration, and different games were organized for all, including guests.
- ✓ Republic Day: On the 26th of January, a flag hoisting ceremony was held at YCH, followed by speech presentations by the boys. A group of boys also presented a patriotic song performance.

YCH Outreach:

The YCH team has also conducted outreach efforts to identify and assist children in need of care and protection in vulnerable pockets of the city which includes Motibagh, Bijli Nagar, Mankapur Stadium, Vishwas Nagar, Wadar Mohalla, Gittikhadan, and Rajnagar. Outreach team could identify nine young children for YCH residential program as well as some children for education sponsorship program of the organisation.

2. URJA:

a. Identification of primary beneficiaries, Group Formation and Baseline Assessment:

The team carried out an outreach and needs assessment survey in six major communities throughout the year, resulting in the identification of 200 trainees for tailoring training. Following a baseline survey, appropriate centers for the training were determined. The selection of project steering committee members was then undertaken, with a clear explanation provided regarding their roles and responsibilities in relation to the vocational training program within their respective communities.

b. Imparting Vocational Skills and Provision of Livelihood Opportunities

Tailoring training was conducted at six centres, including two centres of the organizations Nirmaljyothi and Asha Centre. Additionally, four new centres were initiated at Rahul Gandhi, Bidgaon Tajnagar, Dipti

Signal, and Nageshwar Nagar. A total of 244 trainees completed the training program from the six centres, with Nirmaljyothi Centre having 66 trainees, Asha Centre having 55 trainees, Rahul Gandhi Nagar having 31 trainees, Bidgavn Tajnagar having 32 trainees, Dipti Signal having 29 trainees, and Nageshwar Nagar having 31 trainees. The trainees were taught basic Indian costumes that are commonly worn everywhere. Throughout the training program, the trainees were motivated and provided guidance for their livelihood in the garment-making trade through regular monthly meetings conducted at all the centres. A total of 46 meetings were conducted throughout the year. After completing the training program, 143 women from the first batch began practicing the skills they had learned for their livelihood. The description of their work is as follows.

- After attending a training program, seventy-five women have commenced working from home and are earning an initial income of approximately Rs. 4500/-.
- Sixteen women have engaged in Pico Fall work and are earning a monthly income of Rs. 2500-3000.
- Sixteen women are employed at a boutique and are earning a monthly income of Rs. 7000-8000. Seventeen women are working in a garment making factory and are receiving a monthly income of Rs. 6000/-.
- Eight women have received orders for stitching from a garment making outlet and are working from home, earning approximately Rs. 3500/- per month.
- One trained woman is working as a part-time tailoring teacher with a City-based NGO and is receiving a remuneration of Rs. 6000/-.
- Ten women have recently initiated bag making work.
- Furthermore, eleven women who received training have raised their voice against domestic violence and have been referred to the concerned allied system to receive relief and protection.
- Twelve women have been linked with the Sukanya Scheme of the Maharashtra Government.
- Seven women have enrolled themselves in the Pension scheme.

c. Socio-legal Protection Training

Training programs pertaining to Socio-Legal protection were administered to all recipients. The subjects covered encompassed women's rights, extant legislation, programs, and services that are currently accessible to safeguard women from discrimination and violence.

Total seven training programs were conducted during the year; details are as follows

Sr. No.	Date	Location	Participants	Resource Person
1	29.06.2022	Dipti Signal	25	1. Adv. Surekha Borkute, Member District Legal Aid Authority Nagpur 2. Ms Manisha , Member, MAVIM Nagpur
2	09.07.2022	Nirmaljyothi Centre	48	1. Ms. Madhuri Manohar, Social Activist 2. Adv. Praveen Monteiro
3	03.09.2022	Tarodi Centre	27	1. Rani Kalamkar, Social activist
4	19.12.2022	Nirmaljyothi Centre	45	1. Angha Moghe, Coordinator, Sakhi one stop Centre, Nagpur Adv. Amruta Ghonge

5	21.12.2022	Nageshwar Nagar	35	1. Angha Moghe, Coordinator, Sakhi one stop Centre, Nagpur 2. Adv. Amruta Ghonge
6	23.12.2022	Rahul Gandhi Nagar	31	1. Angha Moghe, Coordinator, Sakhi one stop Centre, Nagpur 2. Devaki Rathod
7	04.01.2023	Asha Centre	42	1. Adv. Amruta Ghonge 2. Dr. Angha Moghe 3. Nalanda Ganar

Reproductive and General Health Education

A one-day training session on personal hygiene and general health care was arranged at each centre for all eight batches. Following the training, a general health check-up was conducted for all participants. A total of 261 individuals benefited from the training program.

Sr. No.	Date	Location	participants	Resource person
1	13.07.2022	Tarodi Centre	52	Dr. Priti Savarkar, Pathologist
2	23.07.2022	Nirmal jyothi Center	26	1. Dr. Jayashri Upadhyay 2. Dr. Priti Sawarkar
3	25.02.2023	Nageshwarnagar Nagar	26	Dr. Najiya Khan
4	27.02.2023	Nirmal Jyothi	53	Dr. Kritija Mahajan
5	15.03.2023	Rahul Gandhi Nagar	46	Dr. Najiya Khan
6	20.03.2023	Asha Centre	58	Dr. Najiya Khan

3. KISHORI-

Empowering Marginalised Adolescent Girls for Enhanced Reproductive Health and Resilience for Gender Equality

1. Community Visits and Education of the families:

The project team made regular visits to 20 targeted communities with the aim of raising awareness among family and community members about girls' education, reproductive health, life skill improvement, and gender equality. A total of 52 meetings were held on different occasions, during which parents and community members were engaged. The meetings were designed to motivate attendees to understand the issues faced by adolescent girls and to create a safe and friendly environment that would enable girls to develop themselves in a positive manner. A total of 723 parents attended the meetings that were held at the community level.

2. Promotion for Education:

Throughout the course of meetings and community visits, it was ensured that adolescents would attend school regularly and that no individuals would discontinue their education. Regular visits were conducted to nearby schools where adolescents were enrolled. Educational materials were provided to a total of 317 adolescents in accordance with their specific requirements.

3. Life Skill and Reproductive Health Education:

Three hundred and seventy-three girls from 20 targeted communities provided 173 sessions of life skill and reproductive health education. Life skill sessions were included self-image and esteem, decision making, problem solving and communication. The sessions on Reproductive health education were included basic of nutrition, personal hygiene, reproductive health care and Physical and psychological changes accurse during puberty. Girls were provided 472 menstrual pads.

4. Training of Peer Educators:

Forty peer educators were provided refresher training in two batches on 21.08.2022 and 04.09.2022 at Vishwas Nagar and Sangharsh Nagar respectively. Training was focused on leadership skills, communication, group dynamics and skills to identify and report gender-based issues and to create a protective environment in their respective communities.

5. Capacity Building of Girls for Socio-legal Protection:

Two trainings were organised for the girls on 29.06.2022 at Dipti signal and on 13.08.2022 at Vishwas Nagar. Total 132 adolescent girls participated in the program. Participants were explained about various social scheme, protection system exist in the city, as well as livelihood opportunities for the young women.

4. CHILDLINE:

Outreach: In order to reach children in challenging circumstances and raise awareness among the general population about the services provided by CHILDLINE, the team conducted two hours of daily outreach. The total population covered amounted to approximately 7,000 individuals residing in the northern region of Nagpur city, specifically in zones 7, 9, and 10.

Open House: During the reporting period, a total of eight open house programs were conducted, which successfully engaged 150 children and 26 adults. The children who participated in these programs raised several issues and problems, including unhygienic surroundings and medical concerns, disinterest in studies, and instances of child abuse and exploitation.

Case Interventions:

There were two twenty-eight cases during the reporting period. Classifications are as follow. Unclassified related to the scheme-23, Shelter-27, Educational Sponsorship-30, Physical Abuse-19, Medical sponsorship-47, Not located-1 , Emotional support and guidance-16 , Sexual abuse- 9 ,child labor-3 ,Restoration-2 , family dispute-5 , child marriage-2 corporal punishment-2 , Medical help-2 , Neglect Abuse-2, Unclassified related to the documents-2 ,Need food-4 , Missing Child lost found-2, Educational help-1, Nutrition-3, Emotional Abuse-2 , Financial Abuse-1, Illegal adoption- 1, Referred by another Childline- 6, Unclassified related to the education-2 , Begging-3 , Unclassified related to SIR- 5, Parent asking for help-4 Bulling-2.

CHILDLINE Se Dosti Week

CHILDLINE se Dosti week was observed from 14th to 20th November.

- ✓ On 14th November, an inaugural program was conducted at Nandanwan school for children with special need.
- ✓ On 15th November awareness rally was organised at Nagpur Railway station, various duty holders were jointly involved to make the event successful.

- ✓ On 16th November sports activities were conducted for the children and their parents at Khairy Grampanchayat. Community members and duty holders were sensitized on child protection issues.
- ✓ On 17th November CDS program were conducted at St. Kabir School Bangladesh Nagpur with the help of Police Didi Scott. Children were explained that the way of police helping children in protecting them from exploitation and abuse. All over 200 children and 20 teachers were present for the program.
- ✓ On 18th November happiness & joy were shared with the children in Snha Sampada school for intellectual disable children. Children were engaged in fun activities.
- ✓ On 20th November concluding program of CDS was conducted at Ramgarh Kamptee. Children and parents were present for the program. They were explained about child protection issues as well as introduced various allied systems available for the children in Nagpur District. Children were ensured for the support in their emergency circumstances.

5. Deepshikha Resource Centre:

Children below the age of 6 from tribal community on the pavement were engaged in learning engagement at the centre as well as in the community itself. Children were made prepare for the formal school admission. Seven children were enrolled in the formal school. Seventy-five children accessed the library facilities at the centre.

Tuition classes for 1st to 9th standard were initiated at the Centre for the children those are slow learner.

6. Non-Communicable Disease Awareness Program (NCD):

The project was initiated in the month of October 2022 at Zone No 5,7 and 8 towards creating awareness on non-communicable diseases. Awareness was created among 7680 families of 84 slum communities. Following activities carried out during reporting period.

Community Outreach: Commendable Work Undertaken During the Community Outreach Program
The community outreach program was executed with great success, as evidenced by the team's door-to-door visits to 7680 households, where they provided information about non-communicable diseases (NCDs) and raised awareness about these health concerns. This approach allowed for the collection of details about families, which facilitated a better understanding of their specific health needs and enabled the provision of more targeted support and resources. The team's proactive approach also identified symptomatic clients who required further screening and directed them to government hospitals, ensuring that individuals with potential health issues received the necessary care and support. The team's efforts resulted in the identification of Five cases of oral cancer, 660 cases of high blood pressure, 256 cases of diabetes, and 44cases of asthma.

Group talks: Through the organization of 60 group talks, with the participation of 933 individuals, a significant portion of the community was successfully reached. Group talks provide a valuable opportunity for community members to convene, exchange knowledge, and have their inquiries addressed. Participants expressed comfort in asking questions and enhancing their understanding of various health-related topics. This interactive approach fosters a deeper comprehension of the information presented and encourages active engagement from community members. By empowering the community through group talks and similar initiatives, a positive impact on their lives and the overall health of the community was achieved.

Exhibition:

The exhibition activities were conducted to raise awareness and promote responsibility among children towards their elders in both the family and society. The involvement of children in such initiatives is crucial for the development of a compassionate and knowledgeable community. Sixty exhibitions were conducted for the 1116 children from different communities.

Through the provision of detailed information about non-communicable diseases (NCDs) during the exhibition activities, children were equipped with valuable knowledge and understanding. This education helped children comprehend the importance of healthy lifestyle choices and early detection, as well as the consequences and dangers of NCDs.

The exhibitions also provided children with information about disease symptoms and the services available in the city. This empowered children to identify potential symptoms and encouraged them to seek appropriate help for themselves and their family members.

Community meetings: Community meetings were conducted in an efficient manner to effectively engage with diverse segments of the community and reinforce the information disseminated during prior outreach endeavours. A total of 12 meetings were conducted, with a participation of 423 individuals.

Four school awareness and competitions:

Implemented awareness programs in schools aimed at engaging students in the 9th and 10th grades. Targeting this age group is of utmost importance as it facilitates early education and instils a sense of responsibility towards health and well-being.

Conducted a total of four programs, with the participation of 197 students and 19 teachers, to raise awareness and educate the school community on crucial health issues, including non-communicable diseases (NCDs). By involving both students and teachers, a comprehensive learning environment was created, allowing for knowledge sharing and future discussions. Teachers played a pivotal role in reinforcing the information and guiding students towards adopting healthy habits.

These awareness programs offer numerous benefits. Firstly, they equip students with knowledge and understanding of NCDs, including their causes, symptoms, and prevention strategies. This empowers them to make informed decisions about their health and adopt healthier lifestyles. Secondly, by engaging teachers in the programs, a multiplier effect was created, as they can further disseminate the information and reinforce the importance of health among their students. Teachers can also serve as role models and support students in making positive changes in their lives.

Project team-built network with five schools, four ICDS centres and four NMC offices in the concern communities.

7. Other Events & Activities:**International Day of the Girl Child 11th October:**

In observance of the International Day of the Girl Child, the International Center for Integrated Development (ICID) conducted five distinct awareness-raising programs throughout the month of October in various communities. The primary objective of these programs was to promote cyber safety, emphasizing the importance of exercising due diligence when using social media, preventing child sexual abuse, and fostering personal development through the completion of education. Resource persons from different departments, including the police, education, and voluntary organizations, provided information on these topics. The children were presented with the content through audio-visual means and were given the opportunity to interact with the presenters. The program details are as follows:

Sr. No.	Date	Location	Participants
1	09.10.2022	Asha Centre, Hazaripahad	117
2	11.10.2022	Dipti signal	82
3	15.10.2022	Tulsi Nagar	142
4	16.10.2022	Sanjay Gandhi Nagar	60
5	16.10.2022	Sangharsh Nagar, Bhandewadi	178

National Girl Child Day- 24th January:

A festival for girl children was organized by our organization for 317 adolescent girls in our working areas. The yearly theme for the program was "Digital Generation, Our Generation." The girls were engaged in various activities, including motivational sessions, panel discussions, entertaining games, cultural programs, and health check-ups. The input sessions for the girls focused on important topics such as human trafficking, girl's safety, cyberbullying, and dental health. The resource persons for these sessions included the District Women and Child Development Officer, Nagpur, the Secretary of the District Legal Aid Authority, Nagpur, the Principal of a College, and practicing doctors. During the panel discussion, the girls presented their group discussion summaries on stage and raised questions on behalf of their respective groups. The panellists were experts from different child-friendly departments who were able to satisfy the girls with their answers. The girls also took advantage of the health check-ups, which included tests for thyroid, haemoglobin, and blood group. Finally, the girls performed various theme-based cultural events, showcasing their talents and skills.

International Women's Day 8th March:

On the 5th of March, a day was commemorated with the UN theme "DigitALL: Innovation and Technology for Gender Equality". The event was attended by four hundred women from various areas of the city. The program included several input sessions on topics such as Economic Independence, Gender Equality, Cyber Safety in the Improving Digital World, Health, and Education. Expert speakers from the Police Department, Women and Child Welfare Departments, Law, and Medical backgrounds engaged in two-way interactions with the women participants to ensure their full participation and clear understanding. Health check-up facilities were made available for all women, where they underwent tests for sugar, haemoglobin, thyroid, and blood pressure. After the check-up, the women received consultations from doctors. The program's main attraction was the various entertaining indoor and outdoor games and cultural programs, where women were able to forget their life stress and burnout situations and enjoy themselves freely.

Summer Camps:

Four summer camp programs, each spanning four days, were conducted for children from the working area. The programs were designed to engage children in various entertaining, learning, and developmental themes, including health, hygiene, career, cyber safety, and human trafficking. The children were taught the basics of Zumba and other exercises, which they enjoyed and which will help them stay healthy. Experts conducted various sessions on the aforementioned themes, using audio-visual aids to deepen the children's understanding. Additionally, craft activities were taught to enhance the children's skills and contribute to their home decoration. In total, 296 children participated in the programs.

The first summer camp began on May 24th and ended on May 27th at the Asha Resource Centre in Hajaripahad, with 78 children in attendance. The second camp was conducted from June 31st to July 3rd at the Deepshikha Resource Centre in Pardi, with 62 children participating. The third camp was held from July 6th to July 9th at the Dipti Signal Area, with 78 children taking an active part. The final program was conducted from July 10th to July 13th at the Nirmal Jyothi Resource Centre in Vishwas Nagar, with 78 children in attendance.

Sponsorship Program:

A diverse range of assistance was extended to individuals who were in need and underprivileged. In terms of sustenance, approximately 250 families within the communities were provided with grocery kits. Medical support was also provided to three individuals, covering expenses for medicines and surgery. Educational support was extended to seventeen children, encompassing expenses such as hostel fees, mess expenses, school fees, exam fees, and educational materials. Additionally, six girls were supported in their pursuit of a Nursing course in Bangalore.

Role of Support Person:

ICID's three team members were designated as Support personnel under the Protection of Children from Sexual Offences Act 2012 by the Child Welfare Committee in Nagpur. A total of seven cases were intervened, and the team was able to provide assistance to children in the areas of counseling, school reintegration, and the provision of IPC 164 statements in session's court. Follow-up visits were conducted to the relevant police stations and to the children themselves in order to ensure their safety.

Capacity Building of the staff:

1. From 30th January to 5th February, Ms. Maria Tharakan and Ms. Sharda Bhalavi participated in a training program on National Casework Strategies and Law Agenda organized by the Swayam organization in Kolkata.
2. Ms. Nilima Bhongade attended the National Workshop on Prevention of Violence Against Women - Multistakeholder Response in Pune, organized by the Maitri Network on 24th and 25th June.
3. Ms. Sharda Bhalavi and Ms. Rajani Khobragade participated in a training program on Gender organized by the Wacha Organization in Mumbai from 28th to 30th November.
4. Arpan organization conducted an online training program on Personal Safety Education for ten grassroots team members on 16th and 17th June.
5. A twenty-day online training program on Child Rights and Child Protection was organized by Vidhayak Bharti every Saturday from 14th November 2022 to 31st April 2023.

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